



A diverse program

Future pathways

About the Academy:

The Australian Rules Football Academy develops talented boys and girls into strong, capable and resilient footballers, leaders on and off the football field. Many will participate in representative development squads, to progress through SANFL / AFL pathways to play at the highest level possible.

The Academy provides experienced and skilled instruction in all aspects of the game by Level 1 and 2 accredited coaches / teachers. We work closely with our partners at the Norwood Football Club.

Students who join the Academy in Year 7 will experience an additional 500 hours of instruction in the skills, strategies and fitness demands of the game by the time they reach the end of Semester 1 of Year 10.

The practical and theory components of our program will cover the Australian Curriculum Health and Physical Education outcomes at Years 7-10, building a foundation for high achievement in Stage 1 and Stage 2 Physical Education subjects.

Program outline:

Year 7-9 – Full year HPE subject

- Australian football skill development.
- Australian football strategies and tactics.
- Basic umpire training.
- Fitness testing, planning and training.
- Sports injuries and first aid.
- Food and nutrition.
- Puberty, identity and relationships.
- Culture and history of Australian football.
- Diversity and inclusion in Australian football.

Year 10 – Semester HPE subject

- Australian football skill development.
- Australian football strategies and tactics.
- Basic umpire training.
- Fitness testing, planning and training.
- Sports injuries and first aid.
- Food and nutrition.

Year 11-12 – Students can choose from:

- VET courses in Sport and Recreation or Fitness.
- Stage 1 + 2 Physical Education course.
- Stage 1 Integrated Learning – Community Sport.
- Stage 2 Integrated Learning – Sports Studies.

Community links:

The Academy has strong links with community football clubs, and encourages all participants to join a local club. Playing club football provides an excellent pathway to improvement and further opportunities in the game. We will help facilitate involvement in club football, and in representative squads including:

- SAPSASA Torrens River Football Squad.
- SANFL Development Squads at U13 – U16 levels.
- AFL Multicultural All Nations Squad.
- Kickstart State Team (Indigenous).

Extra excursions

Academy students may have opportunities to experience extra football focused excursions and camps. These will be at additional cost to parents.





CHARLES CAMPBELL COLLEGE

Australian Rules Football Academy



Selection criteria:

Our Academy program is most suited to:

- Club footballers – boys and girls.
- Athletic young people keen to learn the game, but who have had limited exposure.

Our tryouts will include:

- Basic fitness testing.
- Modified game-play type activities.
- Discussion / interview time.

Costs:

Year 7-9 - \$150 per year (full year ARFA PE subject).

Year 10 - \$100 per year (semester ARFA PE subject).

Year 11-12 - \$50 per year.

Academy students from Years 7-12 will receive a new training shirt and a cap or beanie every school year, listen to guest speakers, and attend excursions.

School football game costs are included.

Charles Campbell College

Please visit the website and fill in the online application. www.ccc.sa.edu.au

For more information contact our HPE Coordinator at the College

3 Campbell Road
Paradise 5075
South Australia
Australia

Tel 08 8165 4700
dl.1028.info@schools.sa.edu.au



CHARLES CAMPBELL COLLEGE



AUSTRALIAN RULES FOOTBALL ACADEMY

