**Journal - My PLP Activities and Assessments**

When writing your journal each day focus on the following questions. Remember your journal may be used to assist you in obtaining a C grade if your other assessment is on the overall C/D border line for grades.

**What I learnt today?**

**What I need to improve or do better?**

**How today’s activities have helped me with my personal goals?**

**How was I developing my capability today? Give examples.**

**Who do I need to speak to help me make improvements to my plan?**

**What strategies should I be using to make improvements?**

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| **Day 1** |  |
| **Day 2** |  |
| **Day 3** |  |
| **Day 4** |  |
| **Day 5** |  |
| **Day 6** |  |
| **Day 7** |  |
| **Day 8**  |  |